

JB

# Jan Broders

Coach. Speaker. Human.

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SPEAKER KIT



JB

# Taking the **stress** out of **business**

## HIGH PERFORMER

- **„Hospitality Management“ university lecturer** at Tashkent State University of Economics, Uzbekistan in cooperation with IMC University Krems, Austria
- operational & managerial experience at **6 different 5\* Hilton hotels** in Europe
- **graduate of Hilton Hotel's prestigious Elevator program**, selected from 1,000 applicants to become a General Manager within 5 years
- **BA in Business** (IMC University Krems, Austria & Haute École de Gestion Genève, Switzerland)



# JB

## EXECUTIVE COACH

- **Partner of Germany's largest website** around **stress & burnout** serving 500.000+ readers annually
- **Executive Life Coach** working with high-performers around the globe
- **Trainer & Business Consultant** to high class coaches
- **International speaker & lecturer** at various business schools and universities, as well as being an interview partner on the topics of stress management, resilience, high performance mindset, visionary career & life planning, ethical sales

JAN HAS SPOKEN AT VARIOUS  
UNIVERSITIES & COMPANIES INCLUDING:



# Speaking

JB

**Each session is personalised** to ensure your group receives learning outcomes that fit your themes and objectives. Additional topics are crafted individually upon request.

## Relax Now

Leadership & stress management in times of uncertainty

## Serve Now

Managing stress to deliver exceptional customer service

## Win Now

Creating a high-performance mindset without burning out

**DURATION:**  
**60 - 90 MINUTES**  
**INCL. Q&A**



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# Speaking



Jan can deliver your session in **English or German**.

He speaks **live on-site or virtually** via video conference.





## STUDENT FEEDBACK

We haven't seen such a great teacher like you in our lives. We loved the way you taught us, the way you care about us and our future. **Every single word of you motivates me.** Now, I believe everything is possible.

Thank you so much for caring!

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**TASHKENT STATE UNIVERSITY  
OF ECONOMICS**  
Uzbekistan

I'm a Master's student of International Business with a specialisation in Strategic Management & Consulting. **Your talk has completely changed the way I see business and life.** Please continue speaking at universities! Your message is extremely helpful. I know your talk has changed my life forever!

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**COLOGNE BUSINESS SCHOOL**  
Germany

JB

## FEEDBACK FROM PROFESSIONALS

I unreservedly **recommend Jan to anyone who seeks to increase his professional performance**, is busily involved in multiple projects or feels stuck despite being determined to reach the next level.

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**DR. MARKUS HUSEMANN-KOPETZKY**  
Pricing Manager & University Researcher

Jan, your speech was the WOW moment of the night! Pure goosebumps, true inspiration, heart-warmingly beautiful, unique & exciting. **We all hung onto every word you said!**

Thank you very much for spending time with us!

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**HANNAH KLOSE**  
Presenter & Trainer



## FEEDBACK FROM PROFESSIONALS

Working with **Jan** has helped me to regain my ease and sunniness, plus I finally gave up my fear of failure. I feel like myself again!

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**DIRECTOR OF SALES**  
Hospitality

I am still blown away by how easy it is to **gain new insights and new perspectives when speaking with Jan**. By asking better questions than I ask myself, he is able to open new doors for me.

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**MANAGING DIRECTOR**  
IT





FOCUS &  
INNER PEACE  
ARE THE ENEMIES  
OF STRESS  
BUT THE HEADQUARTERS  
OF REAL  
SUCCESS.  
“

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